

**KNOCKANDO PLAYGROUP**  
(Scottish Registered Charity No SCO14667)

**ARCHIESTOWN 5K**  
**SUNDAY 30<sup>TH</sup> APRIL 2017**

<b>NO</b>	<b>NAME</b>	<b>CATEGORY M/F - &lt;14; +14; MV/FV - +40; MSV/FSV - +50</b>	<b>CLUB</b>	<b>TIME</b>	<b>POSTITION</b>
25	DONNIE MACDONALD	M+14	INVERNESS HARRIERS	16.33	1
166	JAMES WILSON	M+14	MORAY ROAD RUNNER	17.16	2
64	LUCAS CAIRNS	M<14	INVERNESS HARRIERS	17.27	3
193	EOIN COULL	M+40	ROSS COUNTY AC	17.48	4
155	BLAIR MILNE	M+14	MORAY ROAD RUNNERS	19.32	5
51	DAVID WEIR	MSV+50	FORRES HARRIERS	18.48	6
172	DAVID SPENCER	M<14	FORRES HARRIERS	18.55	7=
63	DUNCAN MACDONALD	M<14	INVERNESS HARRIERS	18.55	7=
186	MARK THOMSON	M+14	-	19.11	9
127	DARREN MAIN	MV+40	-	19.12	10
44	MICHAEL LAING	M+14	-	19.23	11
176	JAMES MCPHERSON	M+14	-	19.44	12
194	SAM COULL	M<14	ROSS COUNTY AC	19.52	13
85	EMILY ANDREW	F<14	INVERNESS HARRIERS	20.02	14
189	KAREN SIMPSON	F+14	-	20.55	15
151	MICHELLE SLATER	F+14	MORAY ROAD RUNNERS	20.58	16
40	SIMON MACDONALD	MSV+50	MORAY ROAD RUNNERS	21.00	17
153	JASON TOPLEY	MV+40	-	21.09	18
147	PAUL MELDRUM	MV+40	TEAM FORREST	21.15	19
160	ARCHIE BAIN	M<14	MORAY ROAD RUNNERS	21.25	20
161	MARTIN BAIN	MV+40	MORAY ROAD RUNNERS	21.26	21
61	LISA MORRISON	F+14	KEITH & DISTRICT	21.44	22
84	DAVE MATHERS	MSV+50	MORAY ROAD RUNNERS	21.47	23
14	PAUL ROBERTSON	M+14	-	22.08	24
16	SANDY GRIGOR	MSV+50	CAIRNGORM RUNNERES	22.43	25
175	GARY EWEN	M+14	TROPICANA	22.47	26
29	MARIANNE SIMPSON	FSV+50	SPEY RUNNERS	23.00	27
75	ALASDAIR PUNTION	M+14	-	23.02	28
17	PAUL HUGHES	MV+40	FORRES HARRIERS	23.03	29
156	BRIAN MILNE	MSV+50	MORAY ROAD RUNNERS	23.08	30
50	RONAN SIMPSON	M+14	BUCKIE/CULLEN JOGGERS	23.30	31
30	ANGUS HOLMES	M+14	-	23.36	32
135	JOHN NORMAN	M+14	-	23.42	33
76	ROBERT BURT	M+14	-	23.52	34
142	PETER FONG	MSV+50	-	24.00	35
196	GRAHAM STEPHEN	MV+40	-	24.20	36
197	HANNAH STEPHEN	F<14	MORAY ROAD RUNNERS	24.22	37
72	MARK MITCHELL	M+14	-	24.44	38
178	INGA VAN DER HEIDEN	F+14	-	24.47	39
195	SCARLETT COURTNEY	FSV+50	SPEY RUNNERS	24.52	40
157	MARK FRASER	MV+40	-	25.01	41
34	EILEEN RIDDOCH	FV+40	MORAY ROAD RUNNERS	25.14	42
167	MIKE STEARN	MSV+50	-	25.26	43
141	DALE JANIK	MSV+50	-	25.28	44
35	KIMBERLEY CLARK	F+14	MORAY ROADD RUNNERS	25.37	45

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4	GARY SIMPSON	M+14	-	25.39	46
200	KEVIN MCDONALD	MSV+50	-	25.41	47
68	NEIL BUCHAN	M+14	-	25.43	48
81	ROB AYLWARD	MSV+50	-	25.49	49
132	ANTHONY SALES	M+14	-	26.10	50
174	ANNA URBANSKA	F+14	-	26.26	51
46	JENNIFER FRASER	F+14	-	26.29	52
164	MRS KELLAS	F+14	-	26.38	53
165	MR KELLAS	MV+40	-	26.42	54
65	RHODA EWING	FSV+50	KEITH JOGSCOTLAND	26.43	55
32	KIRSTY WEIR	F+14	MORAY ROAD RUNNER	26.47	56
171	SHONA SPENCER	FSV+50	FORRES HARRIERS	27.04	57
177	JULIET NICOLSON	FSV+50	-	27.14	58
33	RACHEL STOCKDALE	FV+40	DENBY DALE TRAVELLERS	27.19	59
198	LORETTA GRAY	FSV+50	KEITH JOGSCOTLAND	27.34	60
152	MARK HEPBURN	MV+40	SPEYSIDE JOGSCOTLAND	28.24	61
79	SIMON LUDGATE	MSV+50	-	28.42	62
137	CHARLOTTE COOMBER	F<14	-	28.46	63=
136	DARREN COOMBER	MV+40	-	28.46	63=
3	JAEJAY CATTO	M<14	-	28.54	65
126	ALAN CATTO	MV+40	-	28.56	66
181	ISAAC MONTGOMERIE	M<14	TEAM MONTGOMERIE	29.08	67
180	ROB MONTGOMERIE	M+14	TEAM MONTGOMERIE	29.09	68
159	JIM NICOL	MV+40	-	29.32	69
190	CAMERON CORSON	M<14	-	29.37	70
83	JAMIE ANDERSON	M<14	-	29.39	71
18	NORMA BREATHET	FSV+50	NAIRN ROADRUNNERS	29.40	72
169	KATIE PARRY	F+14	-	29.48	73
154	ANNE SLATER	FV+40	KEITH JOGSCOTLAND	30.02	74
168	BARBARA STEARN	FSV+50	JOGSCOTLAND	30.20	75
143	SAM INCH	FV+40	-	30.35	76=
39	NADINE HAY	F+14	KEITH JOGSCOTLAND	30.35	76=
15	WENDY GRIGOR	FSV+50	CAIRNGORM RUNNERS	30.41	78
21	SAMMY ROBERTSON	FV+40	-	30.46	79
138	KASIA KALONWSKA	F+14	-	30.47	80
48	VIOLET IRVINE	F<14	-	31.06	81=
47	DAVID IRVINE	MV+40	-	31.06	81=
45	YVONNE SMITH	F+14	-	31.13	83
192	CHRISTINE STEWART	F+14	-	31.21	84
62	DARCEY SKINNER	F<14	KEITH JOGSCOTLAND	31.30	85
60	CARRIE MORRISON	F+14	-	31.31	86
187	CAMERON THOMSON	M<14	-	31.32	87
31	PAUL JAMIESON	MSV+50	MORAY ROAD RUNNERS	31.47	88
80	COLIN CORSON	MV+40	-	32.09	89
188	LINDA THOMSON	MV+40	DUFFTOWN JOGSCOTLAND	32.35	90

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173	JENNIFER SPENCEER	F+14	FORRES HARRIERS	32.51	91
49	KAREN SIMPSON	FV+40	BUCKIE/CULLEN JOGGERS	33.04	92
144	CATHERINE ROBERTSON	F+14	-	33.16	93
139	SANDRA VILNITE	F+14	-	33.50	94
71	FINLAY MILLIGAN	M+14	-	33.51	95
191	SARAH STEWART	FV+40	-	33.53	96
5	JAMIE DOUGLAS	M<14	-	33.57	97
134	SARAH LAW	F+14	-	34.00	98
12	SUSAN LOWE	FSV+50	BUCKIE/KEITH JOGGERS	34.09	99
66	FRANCES DAWSON	FSV+50	KEITH JOGSCOTLAND	34.15	100=
53	ANDREW WEBSTER	MSV+50	KEITH JOGSCOTLAND	34.15	100=
20	FRED ROBERTSON	MSV+50	-	34.40	102
59	JOHN DIFFEY	MSV+50	CAIRNGORM RUNNERS	35.02	103
131	LORRAINE NICOL	FV+40	-	35.05	104
125	SHALLENE CATTO	FV+40	-	35.14	105
13	MICHAELA FAIRBROTHER	F+14	BUCKIE/KEITH JOGGERS	36.01	106=
11	JOAN THAIN	FSV+50	BUCKIE/KEITH JOGGERS	36.01	106=
52	SHANNON WEBSTER	F+14	KEITH JOGSCOTLAND	36.31	108
145	HELEN MCCABE	F+14	-	36.42	109=
199	KATIE WATT	FV+40	-	36.42	109=
73	DEBORAH CAMERON	FSV+50	-	36.55	111
28	HANNAH MCDONALD	F+14	-	37.32	112
184	CONNOR MCKENZIE	M<14	-	37.46	113=
183	STUART MCKENZIE	Mv+40	-	37.46	113=
42	MANDY MCRAE	FSV+40	BUCKIE/CULLEN JOGGERS	38.04	115
70	WENZEL DUNNETT	MSV+50	SPEY RUNNERS	38.05	116
130	KAY JAFFRAY	F+14	-	38.31	117
129	SHARON MCNICOL	MSV+50	-	38.48	118
36	MORAG MARTIN	F+14	KEITH JOGSCOTLAND	39.19	119
182	KAREN BRAITHWAITE	FV+40	-	39.36	120
170	DEBBY OGG	F+14	-	39.40	121
38	KAYLEIGH MARSHALL	F+14	KEITH JOGSCOTLAND	39.44	122
74	LILY SMART	F<14	-	41.28	123
41	WILLIAM COOKE	MSV+50	BUCKIE/CULLEN JOGGERS	41.38	124
128	ROSEMARY REEVE	FSV+50	-	41.55	125=
57	STEVE REEVE	MSV+50	MORAY ROAD RUNNERS	41.55	125=
55	AIDEN MCCABE	M<14	-	42.18	127
56	LUCY WATT	F<14	-	42.20	128
146	DAVID MCCABE	MSV+50	-	42.23	129
179	JENNIFER MALCOLM	F+14	-	42.41	130
43	SARAH GEDDES	FV+40	BUCKIE/CULLEN JOGGERS	42.42	131
158	HAYLEY GERRARD	F+14	BUCKIE/CULLEN JOGGERS	43.51	132
37	NIAMH DUNCAN	F+14	KEITH JOGSCOTLAND	45.05	133
185	DONNA CANNING	F+14	-	47.13	134
7	LEWIS DOUGLAS	M<14	-	47.17	135

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6	LESLEY DOUGLAS	F+14	-	47.18	136
163	COOPER BAIN	M<14	-	47.21	137
82	CAROLINE VAN DER HEIDEN	FSV+50	-	47.34	138
150	FINLAY BLACK	M<14	-	47.38	139
162	ROWAN BAIN	F<14	-	47.39	140
77	THORSTON BAIRD	M<14	-	47.41	141
78	GEMMA BAIRD	F+14	-	47.42	142
69	AMANDA & BELLA BUCHAN	F+14/F<14	KEITH JOGSCOTLAND	49.30	143
54	SHIRLEY WEBSTER	FV+40	KEITH JOGSCOTLAND	49.31	144
58	ROBBIE FORBES	M+14	-	49.38	145
149	EILEEN BLACK	FSV+50	-	49.39	146=
148	ROY BLACK	MSV+50	-	49.39	146=
1	NICOLA ROBERTSON	FSV+50	-	49.50	148
2	LORRAINE WATT	FSV+50	-	49.55	149
24	JACK FLESH	M<14	-	50.18	150
19	WILMA MOYES	FSV+50	-	50.19	151
67	CIARA MILLSOP	F<14	-	50.41	152
23	SOPHIE FLESH	F<14	-	50.46	153
22	KAREN FLESH	F+14	-	50.47	154
86	JUNE BINKS	FSV+50	DUFFTOWN JOGSCOTLAND	51.43	155
9	ETHAN ARNOLD	M<14	-	53.32	156
8	JASON ARNOLD	M+14	-	53.33	157
10	JOHN HECTOR MURRAT	MSV+50	-	-	DSQ
133	STEW BURN	MSV+50	-	-	DNS
140	DUNCAN LYNCH	MSV+50	UGIESIDE	-	DNS
26	SHARON MACDONALD	F+14	MUIR OF ORD JOGSCOT	-	DNS
27	LEE MACDONALD	M+14	-	-	DNS

**Results:**

1<sup>st</sup> Male - Donnie MacDonald – Inverness Harriers (16.33)

1<sup>st</sup> Female - Emily Andrew – Inverness Harriers (20.02)

1<sup>st</sup> Jogscotland Male - Ronan Simpson – Buckie & Cullen Joggers (23.30)

1<sup>st</sup> Jogscotland Female - Rhoda Ewing – Keith JogScotland (26.43)

1<sup>st</sup> Female <14 - Emily Andrew – Inverness Harriers (20.02) New Course Record

1<sup>st</sup> Male <14 - Lucas Cairns – Inverness Harriers (17.27) New Course Record